



Stony Mountain Flyer

Bi-Weekly Inmate Publication

VOLUME 3-9

THURSDAY, JULY 17, 1980



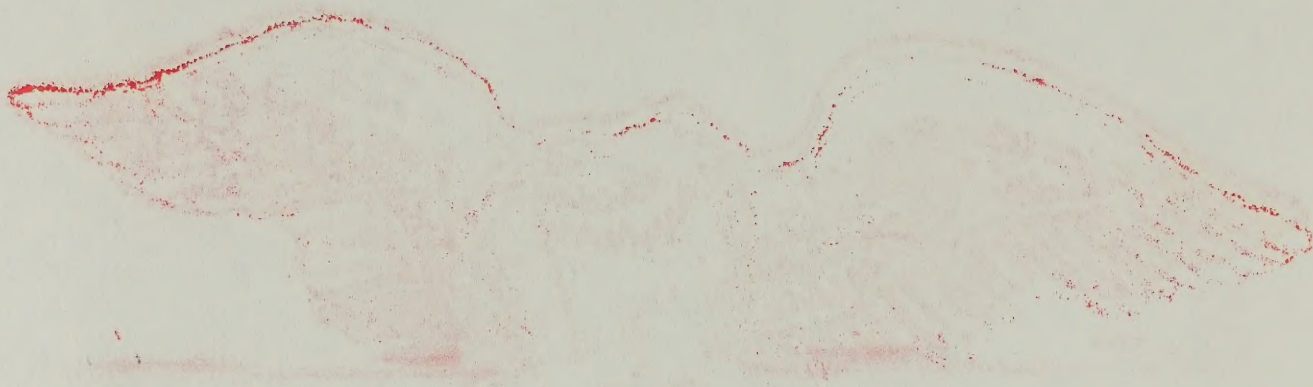
JUL 21 1980

JUL 24 1980

LIBRARY

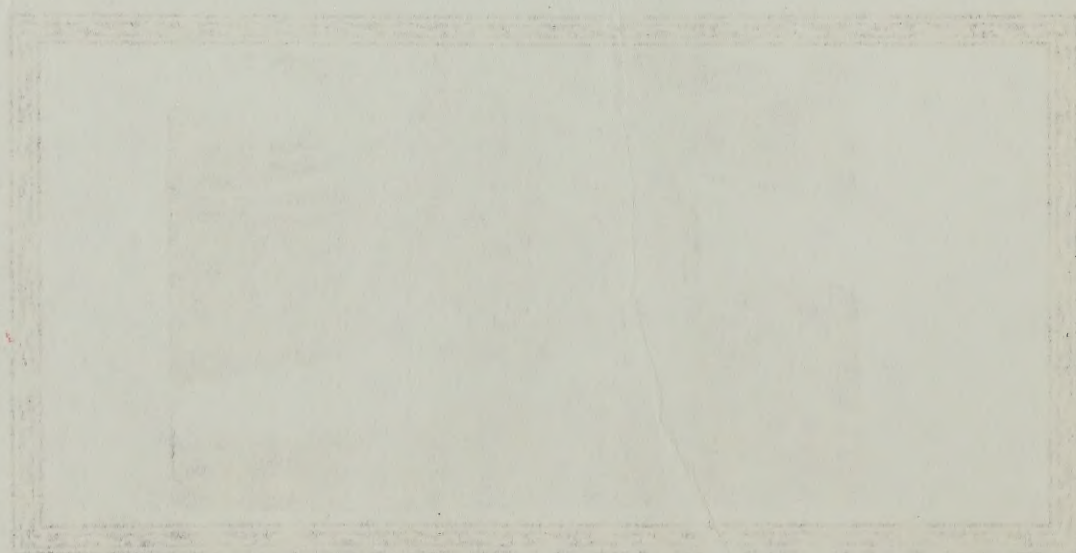
LIBRARY

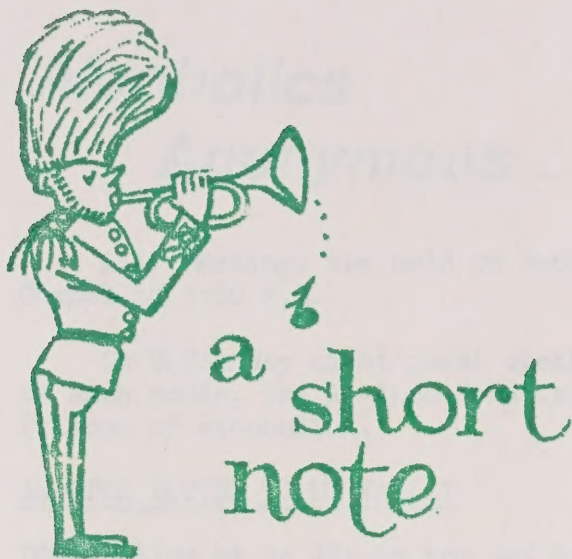
E



STANDARD PAPER

STANDARD PAPER





NOTES FROM THE EDITOR:

I am happy to announce that some of the guys in here are writing up some poems and a few jokes and such for this issue.

We will be putting some of them in this issue and some of them will be held over for the next issues coming up. We cannot print all of the poems and jokes that we get. If some of your poems are not

in the paper, just be patient and you will see them in some future issue. We would appreciate any articles, short stories, poems and jokes that you may have and would like to have printed in the paper, please feel free to bring them to the Cultural Centre any time during the working day or give them to one of the Flyer staff. Remember, this is your paper and it is for your articles and activities.

Al Jolicouer; Editor.

* * * * *

THE FLYER STAFF

Liaison.....Joe Petzold
Editor.....Al Jolicouer
Assoc. Editor.....Doug Rain
Assoc. Editor.....Jim Watson

If you find mistakes in this paper, please consider that they are there for a purpose. We try to publish something for everyone and some people are always looking for mistakes.

The Flyer is published twice monthly by the inmates of Stony Mountain Institution. The views and opinions found herein are those of the writers and do not necessarily reflect the policy or views of the administration or the Solicitor General's Department. Permission to reprint any article is hereby granted provided the author and the source is appropriately credited.

* * * * *

IN MEMORY OF

Frank Monaco was a brother. To some he was friend, others, well that's not important any more. What is important is that, in this prison society, we have lost one of our "family". This is written in his memory. He will be remembered by some, if not by all, but he will be remembered. You're free now, Frank. May Peace Be With You.

From the Flyer Staff.

Alcoholics Anonymous ...

A.A. Meetings are held on Monday, Wednesday, and Thursday, in the Chapel at 7:00 P.M.

On Wednesday night guest speakers attend. On the third Wednesday of each month, the Al-Anon Group provides information for families and friends of alcoholics.

AN OPEN LETTER TO MY FAMILY

DON'T allow me to lie to you and accept it for the truth. For in so doing, you encourage me to lie. The truth might be painful but at it.

DON'T let me out smart you. This only teaches me to avoid responsibility and to lose respect for you at the same time.

DON'T let me exploit you or take advantage of you. In so doing you become an accomplice to my evasion of responsibility.

DON'T lecture me, moralize, scold, praise, blame, or argue, when I'm drunk or sober. And don't pour out my liquor; you may feel better but the situation will be worse.

DON'T accept my promises. This is just my method of postponing pain. And don't keep switching agreements. If an agreement is made, stick to it.

DON'T lose your temper with me. It will destroy you and any possibility of helping me.

DON'T allow your anxiety for us compel you to do what I must do for myself.

DON'T cover up or abort the consequences of my drinking. It reduces the crisis but perpetuates the illness.

Above all, DON'T run away from reality as I do. Alcoholism, my illness, gets worse as my drinking continues. Start now to learn, to understand, and to plan for my recovery. I need help from a doctor, a counselor or psychologist, a recovered alcoholic, from God. I cannot help myself.

* * * * *

AN ALCOHOLIC IS A PERSON WHO DRINKS BETWEEN DRINKS.

Ask Andy...



Dear Andy:

I would like to ask, again, for a parole but I am afraid to.

Everytime I go to the parole board they ask me questions about what I did, do, am doing, am going to do, might do, could do, would do, must not do, shant do, can't do, may do, will do, ought to do, shouldn't do, couldn't do, dasn't do. And then they say, "No". Can you help me?

Con Fused.

Dear Con Fused:

Here are a couple of helpful hints. You realize that in considering parole a great number of official government reports and applications are completed and channelled. Nobody wants to look dumb--or human. If you are a good inmate the novelty of your situation so facinates "them" that "they" like to ask you questions and so, "they" keep you around.

An effective way of answering yes or no is noncommunication.

For example:

QUESTION: Why do you want a parole? What are you going to do, did do, might do, may do, will do, should do, etc...etc...etc...etc?

ANSWER: I assimilated a nonjudgemental on-going reassessment of ego diff-erentiation which facilitates role adjustment to the interrelation of consensus work and social integration combining self-determination with an authoritative structured environment.

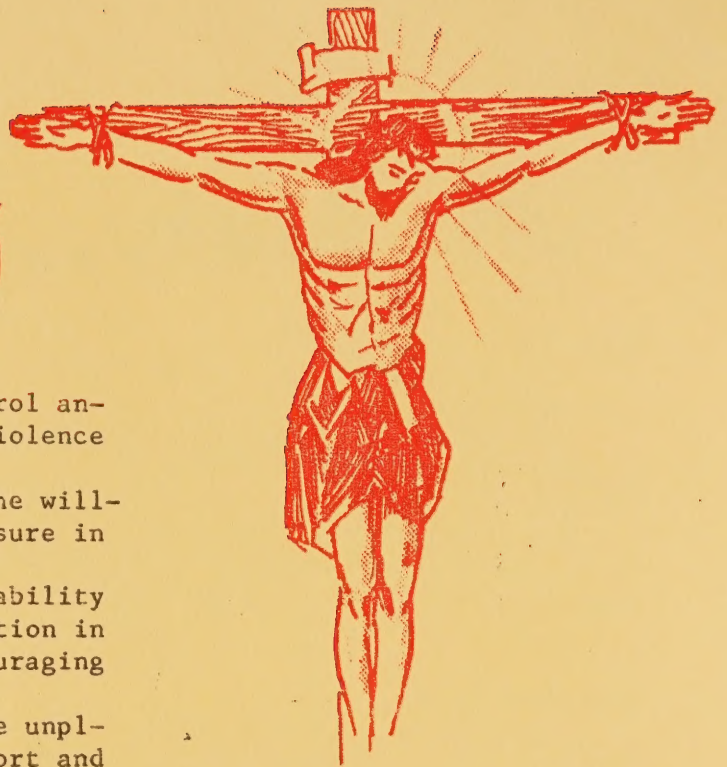
QUESTION: What is the basis of your parole request? How do you see your self in relation to the culturally disadvantaged, mentally retarded, gifted and color-blind, normal citizens? Are you going to continue a life of C-R-I-M-E???

ANSWER: My social involvement objectives are realized by combining a society-centered approach with an accelerated developmental curriculum as an interface with the motivation of interdependent activity of profession-al effectiveness, utilization, and creative instructional evaluation of accountability. The individual perceptual maturation process and instructional guidance resources enable me to employ environmental orientation in sequential social adjustment to culture.

BE VERY, VERY, VERY SURE TO LET ME KNOW HOW YOU MADE OUT.

Yours truly, Andy.

CHAPEL NEWS



WHAT IS MATURITY ?

Maturity is the ability to control anger and settle differences without violence or destruction.

Maturity is patience. It is the willingness to pass up immediate pleasure in favor of the long-term gain.

Maturity is perseverance, the ability to sweat out a project or a situation in spite of heavy opposition and discouraging setbacks.

Maturity is the capacity to face unpleasantness and frustration, discomfort and defeat, without complaint or collapse.

Maturity is humility. It is being big enough to say, "I was wrong." And when right, the mature person need not experience the satisfaction of saying, "I told you so."

Maturity is the ability to make a decision and stand by it. The immature spend their lives exploring endless possibilities; then they do nothing.

Maturity means dependability, keeping one's word, coming through in a crisis. The immature are masters of the alibi. They are the confused and the disorganized. Their lives are a maze of broken promises, former friends, unfinished business and good intentions that somehow never materialize.

Maturity is the art of living in peace with that which we can not change, the courage to change that which SHOULD be changed and the wisdom to know the difference.

Here are some guidelines, not only for judging others but for keeping tabs on ourselves. I believe that hardship and frustration are essential qualities of human life. In our search for personal maturation, pain is the very condition of growth. We must learn to enjoy the discomfort of striving.

* * * * *

IN MEMORY OF FRANK MONACO

I had known Frank for only one month by his participation in the Stony Mountain Jaycee's, which we both belonged. To me he was making an effort to do something in his life, something good and worthwhile. But it is funny how our minds travel, day by day, hour by hour, minute by minute and second by second.

Robert Service, a great poet of our time once said, "Life is not a bed of roses." How right he was. It is too bad Frank took his own life the way he did, but now he is at peace through all Eternity. I leave with you all this thought.

Forgiven, forgotten and cast in the sea,
My sins are remembered no more against me,
The Saviour now ask me forgiveness to show,
So others will see what His grace can bestow.
So now I say Peace Be With You Frank, God Be With You Always.

Larry W. Selby

SCRAM

-LET

Rearrange letters of the four scrambled words below to form four simple words:

E R T H A H	
1	2

J A B O N	
3	

O S N O W	
4	5

W I N D O S	
6	7



It isn't easy working for the government of Iran. When you report in the morning, you don't ask, "What's new?" You ask:

1	2	3	4	5	6	7

_____ XXXX _____						

One of the judges at the Court of Appeals of Canada answered to the question of a distinguished counsel who asked what the heaviest penalty for bigamy was: "TWO MOTHERS-IN-LAW", said the over-ruling judge.

The train came to a sudden stop. People started to look out of the window and then, hurriedly dropped back into their seats as they saw that the cause of the stop was a hold-up.

The robbers came through the train ruthlessly stripping the money, jewels, and valuables from the passengers. Joe seemed to become more and more nervous as the bandits approached the seat where he sat with his friend. Finally, drawing a ten-dollar bill from his pocket he leaned toward his friend and said: "HERE, GREG. HERE'S THE TEN DOLLARS I OWE YOU."

"I see you're drinking coffee, Judge," someone remarked to Ben Lindsey on a hot summer's day, "why don't you try something cooling? Did you ever try gin and ginger ale?"

"NO," said Judge Lindsey, "BUT I'VE TRIED SEVERAL FELLOWS WHO HAVE."

The New Priest...

A new Priest at his first Mass was so scared that he couldn't speak. He asked the Monsignor how he had done. The Monsignor said, "fime, but next time it might help if you put a little vodka or gin in your water to relax you."

The next week the Priest put vodka in his water and he really kicked up a storm. After Mass he asked the Monsignor how he had done. The Monsignor said, "fine, but there are some things you should get straight."

- (1) There are 10 Commandments, not 12.
- (2) There are 12 Disciples, not 10.
- (3) David slew Goliath, he did not "kick the shit out of him."
- (4) We don't refer to Jesus Christ and His Disciples as the late J.C. and His boys.
- (5) And next Sunday there is a taffy pulling contest at St. Peters, not a peter pulling contest at St. Taffys.
- (6) The Father, The Son, And The Holy Ghost, are not referred to as "Big Daddy, Junior and the Spook."
- (7) Moses parted the water at the Red Sea, he did not pass water.
- (8) We do not refer to Judas Escariot as El Finko.
- (9) The Pope is Consecrated, not castrated, and we do not refer to Him as The Godfather.

Submitted by Lester B.

* * **** *

"THE ELEVEN COMMANDMENTS"

1. Your C.O. is your Savior you shall have no other savior's besides him.
2. You shall not take the name of the prison your home in vain.
3. Remember to keep Holy the Parole Application.
4. Humour your L.U. Officers and Instructors.
5. You shall not rat.
6. You shall not comit Freaky things.
7. You shall not rip off.
8. You shall not whistle at your neighbour.
9. You shall not cut your neighbours grass.
10. You shall not play with matches in other cells when they are not at home.
11. You shall not get caught. (In case of violation of others.)

Submitted by Lester B.

TO MY SONS

As I sit in this cold, Damp cell I can
Remember the times when things were going well.

Life has stopped for me, I am doing time,
I do this, I do that, and don't get out of line.

Its up at seven, and do as I say?
Thats how it is each and every day.

There are sleepless nights, and letters that never
arrive. Sometimes I wonder what is keeping me alive.

I will pray that my sons will never see this kind
of life that has its hold on me for now!

By Bill Mackie

* * * * *

LONELY NOW

Life is at its best when its in the grave at rest.....

One day you love
One day you hate
One day you decide to break
One day you discover your mistake
But that same day you find
That its too late.

Life is complicated and full of sin.
I'm so alone for love
My insides cry out to God above.
OH! I need someone
Whose heart I have won
I am lost and lonely in this universe.

By Bill Mackie

* * * * *

GOODNIGHT - MOTHER

Goodnight to you mother dear,
and please alway's remember,
your son is near.

Goodnight and please pray for me,
and in a vision you will see me
praying too, yes, mother - Just for you.

By Bill Mackie

FREEDOM

There's a race of men that don't fit in,
A race that can't stay still;
So they break the hearts of kith and kin,
And they roam the world at will.
They range the fields and they rove the floods,
and they climb the mountains crest;
Theirs is the curse of the gypsy blood,
and they don't know how to rest.
If they just went straight they might go far;
they are strong and brave and true;
But they're always tired of the things that are,
and they want the strange and new.....

By "REAPER"

* * * * *

THOUGHTS OF A CON.

Here I sit in a deep, dark cell,
and upon my life I start to dwell,
of good times, of bad times
of sorrow and glad,
And all the friends that I once had.

I wonder what my future will hold;
Hopefully not what I've been told;
Because Judges, Lawyers and Doctors all say,
I'll never do things society's way.

But if one of their lives is a shing example,
Then a little of my life I'll let them sample.

By "REAPER"



Stony inmates to join walk to raise funds

Several Stony Mountain Inmates - including some serving life sentences - will get a brief taste of freedom in September when they participate in the sixth annual Stony Mountain Jaycees walk-a-thon.

But Warden Terry Sawatsky says he's not worried the men will turn the exercise into a runathon by making a break for a more lasting freedom.

"Those allowed out are trusted prisoners", he said, "men who have recieved temporary absence passes before. I think a couple may have been serving life sentences, but they were cleared right down the line."

The inmates, along with other Jaycee members from Winnipeg and other area Jaycee units, will cover a 30 kilometre course -

(cont.)
(pg.11)

STONY MOUNTAIN JAYCEE WALK-A-THON (cont. from page 10)

from lower Fort Gary back to the medium security penitentiary. Through their pledges they hope to raise money for the St. Amants Centre and other chairities.

Jaycee representative and penitentiary librarian, Brian Thorgrimson, thinks the Walk-A-Thon is a good idea - for all those concerned. "It's a great thing for the boys inside. It gets them motivated and contributing to society. And it's a great thing for the chairities who get the money."

Mr. Thorgrimson said more than \$10,000 was raised last year and "we're trying to better that this year."

You might think that organizers would be swamped with men from the prison wanting to walk - so to speak. But security restrictions cut down the number of inmates eligible. Last year, only four inmates entered the walk-a-thon.

"We would certainly like to increase that this year," says Mr. Thorgrimson. Warden Sawatsky says that restrictions are very necessary. "We can't let just anybody out. Prison officials do go along, but it is not close escort like when we take a prisoner down to Winnipeg."

The warden said he was "quite supportive" of the event and noted that it was "a good opportunity for the inmates to make a positive contribution."

Was he worried about a prisoner making a break for freedom?

"No body has run yet."

* * * * *

I never did anything worth doing by accident, nor did any of my inventions come by accident; they came by work.

Thomas Edison

* * * * *

Men love to wonder and that is the seed of our science.

R.W. Emerson from
"Works and Days"

* * * * *

It may be true that life begins at 40, but everything else starts to wear out, fall out or spread out.....

* * * * *

Some people take everything on a vacation except for their manners.

* * * * *

People are still willing to do a good days work. The bad thing about that is, they want a weeks pay for it.....

BILLION

DOLLAR

\$\$\$ WASTE \$\$\$

"THE COMMUNITY WILL PAY, ONE WAY OR THE OTHER," said David Kennedy, Executive Director of the John Howard and Elizabeth Fry Society of Manitoba.

Mr. Kennedy was speaking to the Society's Board of Directors after his appointment to the position of Executive Director, and was talking about the tremendous need for volunteers and citizen participation in the Criminal Justice System.

Cost of the Criminal Justice System is in the Billion Dollar range for Canada, much of it wasted on outdated, ineffectual responses to crime in our midst, he said.

Only if we decide to seriously look at the alternatives to the present system will the cost of crime be reduced in both economic and human terms and it will be "the average citizen who cares enough to be involved, to learn to separate the myths from the realities, that will make the difference."

Mr. Kennedy has fourteen years service with the John Howard Society of Ontario and was the Director of Branch Services before coming to Winnipeg. He graduated from the University of Toronto with his Master's degree in Social Work and worked as a line staff social worker, supervisor and branch Executive Director before assuming Provincial responsibilities.

The John Howard and Elizabeth Fry Society of Manitoba is strengthening their citizen involvement in all aspects of their work and look to their new Executive Director to bring experience and fresh ideas to this basic philosophy of the agency.

For further information contact: Mr. David Kennedy, 889-6634

MR. KENNEDY WILL BE SPEAKING AT A CONVERSE MEETING IN THE
CULTURAL CENTRE, THURSDAY, 24 JULY, 1980. 7:00 O'CLOCK P.M.

RAMBLIN' 'ROUND JULY

Well, I been accepted fer dat "Inmate Exchange" wit da U.S. of A., Right?
Well, I been tryin ta find out jus when I'm s'posed ta be goin, Right?
Ain't it real funny how, with all da staff in dis place, no body seems ta know anything. Now, I can't figger dis out. I been told I was accepted by da U.S. of A., an I was told dat da transfer date is July 20th or some place around dere. Now, I can't find anyone who knows anything about such a thing.

Ta move on ta more interestin things.....

So ole L. Holmes is a goin to fight wit Ali again shortly, eh? Don't dat boy EVER give up??? Dey should give him da title just fer persistin so bloody much.

An fer all you YANKEE's in dis place!!! Reagan is agoin ta be da next U. S. President, sure as dis joint is a standin!!! WATCH!!

Bye Bye!! An remember----- dey can lock-up yer bod,-----But dey can't lock-up yer mind!!! THINK FREE!!!!!!!!!!

C. CHARLES STUEHM;
LOCAL LAID BACK RADICAL.....

* * * * *

N O T E S!!!

It has been brought to the attention of the FLYER staff that the STONY MOUNTAIN JAYCEES are going to raise the prices of their photos. Due to the rising cost of film on the streets, they must up the price per photo from \$1.25 to the price of \$1.50 per photo. For more information on this, contact Mike Babcock, the Jaycee photographer, or Mr. Brian Thorgrimson in the Library.

* * * * *

A. A.

Late one night a drunken husband, after spending the whole night at his club, set out for home. "Well," said he to himself, "If I find my wife up I'll scold her; what business has she to sit up, wasting fire and light, eh? And if I find her in bed, I'll scold her; "What right has she to go to bed before I get home?"

* * * * *

By mistake a letter directed to a newly married gaurd was delivered to the house of a poor ex-inmate. Upon being opened, it proved to contain a threat, that unless a substantial sum of money was paid, his wife would be kidnapped. The ex-inmate immediately wrote a reply, "Sir, I don't have much money, but I'm mightly interested in your proposition."

Stony Mountain Institution
P.O. Box 9250
Winnipeg, Manitoba
R3C-3W9



To: THE LIBRARIAN
Centre of Criminology
8001--130 St. George
Toronto, Ontario
M5S 1A1

ATTENTION: PRINTED MATTER